



**Helping to keep you warm
and well this winter**

**ENERGY INFORMATION
AND ADVICE DAY**

- Date:** Wednesday 9th September 2015
- Time:** 10.00am until 3.30pm
- Venue:** ARC, Stockton Arts Centre,
Dovecot Street, Stockton, TS18 1LL
- Programme:** Drop-in for information & advice
- Presentations:** *Fuel Poverty and Impacts of the
Cold on the Health of Older People*
- At:** 11.30am and 2.00pm
- By:** Age UK Teesside Energy Advisors.

Are you or do you know someone who:

- ◆ **Is over 65 years old,**
- ◆ **Has a long term illness or disability,**
- ◆ **Lives in a hard to heat home?**

If so Age UK Teesside can help by providing:

- **Advice on reducing fuel bills**
- **Information on fuel debt**
- **Support to maximising income**

It's your opportunity to speak to Phil Smith and Katharine Lam (Community Energy Advisors with Age UK Teesside)

How energy savvy are you? Test your knowledge with our Energy Awareness Quiz.

These organisations will be present to give information and to answer your questions:



**Stockton-on-Tees
BOROUGH COUNCIL**



Stockton Welfare Advice Network



Protecting local
communities



Leading the
fight against
dementia



**Alzheimer's
Society**