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| |  | | --- | | **C:\Users\ACT Admin\Pictures\Emotional-eating-How-do-the-elderly-feel-about-food_strict_xxl.jpg**  **Healthy Eating and Cooking Sessions** | | Come along… **To our FREE healthy eating/cooking demonstrations with nutritional advice and taste some of our delicious recipes! Places are limited so sign up NOW!**  https://fbcdn-profile-a.akamaihd.net/hprofile-ak-ash2/v/t1.0-1/c2.0.160.160/p160x160/1013815_465363503548184_1203737193_n.jpg?oh=0ba9ac7cac0eb3399f8d35ef6475e3b4&oe=55F96DFC&__gda__=1445830654_ea61abb333e2463273412a9a6c9960b8  **I would like to sign up for 5 FREE weekly cooking demonstration classes starting on Saturday 2nd July at 10.30am-12.30pm Name…………………………………………………………………… Telephone number……………………...........** | |  | |  | |  | | --- | | **Do you want to learn how to eat more healthily?****Do you want to eat healthily on a budget?****Like a good old chit-chat?****Sign up for our 5 FREE weekly cooking sessions!****Love Later Life** | |  | | **Cultures cic Dovecot Street Stockton  TS18 1LL Call: 01642 805500 0r 803324**  **[Web Address]**  **[Dates and Times] [Dates and Times]** | |